

Hypnotist's Letterhead here

Date: \_\_\_\_\_

Dear \_\_\_\_\_,

I am a Certified Hypnotist, and a member in good standing of the National Guild of Hypnotists. **Put any other relevant qualification/degree/license here.** I work with clients with a variety of common everyday issues such as weight control/loss, smoking cessation, reducing stress, reducing fears/worries (dental comfort, fear of flying, etc.) improving skills, confidence building, learning self-hypnosis techniques, elimination of habits such as nail biting, increasing motivation to follow through with goals, and many other areas. I also assist clients as an adjunct to medical, dental, and psychological treatments by referral/authorization from the licensed professional. I teach people to use simple tools such as relaxation, positive suggestions and imagery to change their attitudes, beliefs, and perspectives, which may help enhance their medical treatments or help ameliorate their symptoms.

I do not diagnose, treat, heal or cure any medical or psychological condition.

Your patient \_\_\_\_\_ has contacted me with an interest in experiencing hypnosis for self-improvement purposes. **You may add a sentence here that says something like "Relating to the following condition \_\_\_\_\_ for which he/she is being treated by \_\_\_\_\_ (physician's name) who has authorized (or suggested, or referred) my work with his/her client."**

If an individual is under the care of a licensed professional I require them to have a signed authorization from that professional. This authorization may or may not be a specific recommendation for hypnosis, but rather is an authorization that the patient may receive hypnosis services as an adjunct to the treatment provided by the medical, dental, or psychological professional, for the purpose of self-improvement related to their presenting problem. All hypnosis is ultimately self-hypnosis and individuals vary both in their responsiveness and their results for any given issue.

Thank you very much. Please feel free to contact me if you have any further questions. I have enclosed a brochure providing additional information about my services, or visit my website at: **website here.**

Best Regards,

Your Name  
Certified Hypnotist